

2016 ANNUAL REPORT

Helping People Lead Lives
Free From the Effects of
Alcohol Addiction



THE
PETERG DODGE
FOUNDATION

LETTER FROM THE BOARD

December 2016

Dear Friends,

As we complete our third year of helping people lead lives free from the effects of alcohol addiction, it is wonderful to be able to see our path and our accomplishments to date with clarity, and to move forward with energy and purpose. Looking back at the grants we have made and programs we have developed over the last three years, patterns begin to emerge that define our vision and values as an organization.

We consistently value education, scientific research, and evidence-based, scalable solutions. We seek collaboration and partnership with grantees. We favor innovative programs and initiatives that shift the paradigm for what treatment and recovery can be.

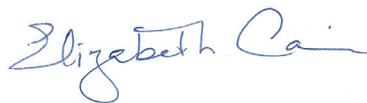
2016 has been a year of creating new connections and strengthening relationships. Our partnership with the David Lynch Foundation resulted in new scientific data on the role of meditation in recovery, as well as a National Summit on Recovery, Meditation, and the Brain, held in New York City in April 2016. Our second scientific research grant was awarded to the laboratory of Dr. Lorenzo Leggio of the National Institute on Alcohol Abuse and Alcoholism (NIAAA) for his work investigating the role of gut microbiota in alcohol addiction. This year's Mission Grants promoted wellness in the treatment setting, increased access to resources, encouraged collaboration amongst providers, informed the public about alcohol use disorder, and served vulnerable populations. We are grateful for our friends and partners in the field of addiction treatment, and for all who support PGDF.

As we begin 2017, we look forward to building on this work and these partnerships. We will continue to refine our vision and support impactful initiatives that effect the greatest positive change for those battling alcohol addiction.

With best wishes for the new year,



Peter G. Dodge
Board Chairman/President



Elizabeth Cairns
Executive Director
Board Secretary/Treasurer

ABOUT THE PETER G. DODGE FOUNDATION

The Peter G. Dodge Foundation (PGDF) is a philanthropic organization dedicated to helping people lead lives free from the effects of alcohol addiction. Established in 2014 by Hanover Research Founder Peter G. Dodge, we support the advancement of new treatments and the dissemination of up-to-date information about alcohol-use disorder.

MISSION GRANTS

Mission Grants support work that aligns with our primary mission of helping people lead lives free from the effects of alcohol addiction. In 2016, PGDF awarded Mission Grants to the following organizations:



National Institute on Alcohol Abuse and Alcoholism (NIAAA) | Bethesda, MD

This scientific research grant supported the laboratory of Dr. Lorenzo Leggio in investigating the effect of alcohol abstinence and alcohol administration on human gut microbiota, seeking to determine whether microbial profiles play a role in craving for alcohol and relapse in AUD individuals.

Miriam's Kitchen | Washington, DC

PGDF funds provided case management services for clients who struggle with alcohol addiction, helping them obtain housing, mental health support, and substance abuse treatment.

Jewish Community Services | Baltimore, MD

PGDF funds supported alcohol use awareness and prevention education programs in public and independent schools in the Baltimore area.

New York Academy of Sciences | New York, NY

PGDF sponsored *The Addicted Brain and New Treatment Frontiers: Sixth Annual Aspen Brain Forum* presented by the New York Academy of Sciences, *Science Translational Medicine*, and the Aspen Brain Forum Foundation, held in New York City, May 18-20, 2016.

***Pinhead Institute** | Telluride, CO

PGDF renewed its support for Pinhead Institute's 'Pintern' program with a three-year commitment. Each year, two exemplary high school students work alongside expert scientific researchers in a laboratory setting on projects in alcohol addiction.

***National Council on Alcoholism and Drug Abuse** Saint Louis, MO

PGDF renewed its support for NCADA's Ask A Counselor program, which utilizes deep local knowledge and detailed individual assessments to refer clients to the most appropriate care.

***New Day Campaign** | Baltimore, MD

PGDF sponsored a three-part Speaker Series hosted by the Johns Hopkins Bloomberg School of Public Health exploring myths, problems, and solutions surrounding alcohol addiction.

***Samaritan House** | Annapolis, MD

PGDF renewed its support of an exercise-based wellness program for residents of Samaritan House, a non-profit supportive sober living facility.

***Faces and Voices of Recovery** | Washington, DC

PGDF sponsored America Honors Recovery 2016, the signature gala event of Faces and Voices of Recovery, held on July 11 at the National Press Club in Washington, DC.

**Denotes renewed support*

2016 HIGHLIGHTS

FINANCIAL STATEMENT

INCOME: \$605,630

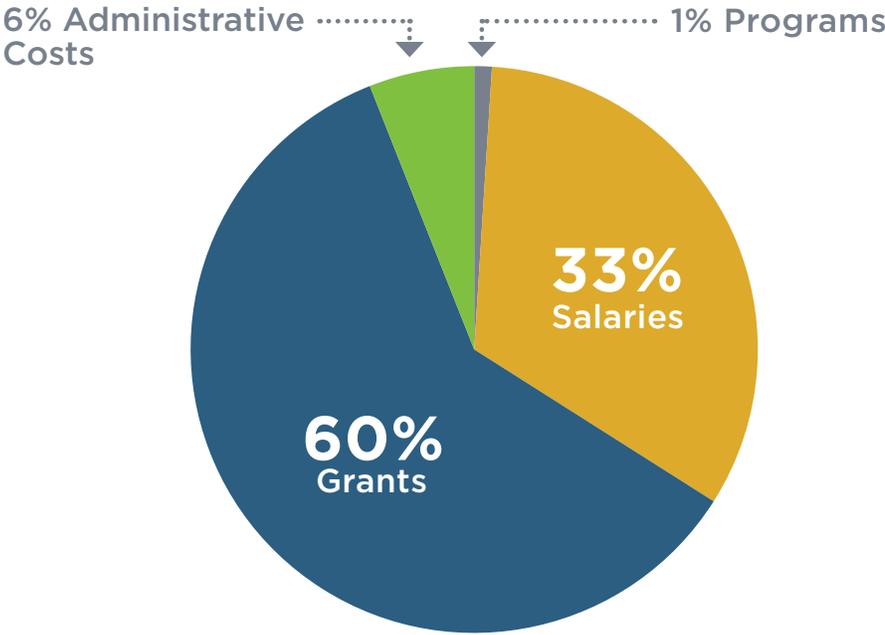
EXPENSES

 PROGRAMS
\$6,079

 SALARIES
\$206,456

 GRANTS
\$376,250

 ADMINISTRATIVE COSTS
\$37,216



ONLINE TREATMENT GUIDE

PGDF.org houses a comprehensive online treatment guide summarizing all viable treatment strategies for alcohol use disorder, including mutual help groups, medications, residential treatment, counseling, lifestyle and stress reduction techniques, detoxification and aftercare. Its summary format is designed for ease of navigation, so that someone seeking treatment can easily be referred to resources that can help.

With over 35 treatments described and 90 resources listed, PGDF.org is a valuable tool for learning about options for alcohol addiction treatment. To learn more, visit pgdf.org/treatment.

OUR SUPPORTERS

PGDF is generously supported by **Peter G. Dodge**, and by the company he founded, **Hanover Research**. All of PGDF's administrative costs and the large majority of our grants are funded in this way.

Every dollar donated to us by our supporters directly benefits our grant programs. Every gift, large and small, increases our capacity to aid the worthy organizations who apply to us for funding.

WE ARE GRATEFUL FOR 2016 CONTRIBUTIONS FROM:

- C&H Restoration and Renovation
- Elizabeth Cairns
- Suzanne Cavanaugh
- Mr. and Mrs. Eric Dodge
- Margaret Dodge
- Daniel Gavin
- Dr. Jan Gryczynski
- Jake Group/Anneli Werner
- Ryder Kenerson
- Greg and Rachelle Lamb
- Benjamin Lieblich
- Christopher McFarland and Helen Frank
- Mark and Frederice Nardi
- Phyllis and Ron Nardi
- Sr. Irmina Paszkiewicz
- Lawrence and Stephanie Peck
- Robert Ramin and Denise DeConcini
- Sober Grid
- Arthur Wongchotigul
- Robert and Rita Zgorski

LEADERSHIP AND STAFF

BOARD OF DIRECTORS:

Peter G. Dodge, Chairman and President
Elizabeth Cairns, Secretary and Treasurer

FOUNDATION STAFF:

Elizabeth Cairns, Executive Director
Beth Nardi, Program Director
MacKenzie Peck, Communications Manager

FOLLOW US   

You can make a difference in the lives of people with alcohol use disorder by donating to our Mission Grant program. Visit www.pgdf.org/donate.

Contact PGDF for more information at info@pgdf.org.